

Free Adult Education Courses

Liberties, Dublin 8



Literacy, computer and language skills

Personal Development & Beginner computer Skills
Pre-Apprenticeship Level 4
Computers for Beginners

Tuesday & Thurs Mornings
Wednesday evening
Wednesday afternoon

Language Skills – ESOL

ESOL Customer Service

Wednesday evening

Creative Classes

Weaving for Beginners

Wednesday evening

Wellbeing Classes

Relaxation
Yoga

Tuesday mornings
Wednesday Evening

Rathmines, Dublin 6



Literacy, maths and computer skills

Reading, writing and spelling for adults – small groups and one-to-one support
Maths for Apprenticeships - QQI Level 4
Family Learning – My Baby and Me

Monday to Friday
Monday & Tuesday
Fridays

Creative Writing

Language Skills – ESOL classes
English as a Second Language (ESOL) All Levels – accredited and unaccredited classes

Monday to Friday

Creative Classes

Arts & Crafts
Weaving – Beginners and Intermediate
Painting with acrylics – all levels
Arts & Crafts

Monday afternoon
Monday and Tuesday
Tuesday afternoon
Wednesday afternoon

Wellbeing classes

Yoga – gentle exercise for all levels
Wellness – introduction to meditation, mindfulness and self-care

Thursday morning
Wednesday morning

CDETB

An Bord Oideachais agus Oiliána Chathair Bhaile Átha Cliath
City of Dublin Education and Training Board

ADULT EDUCATION SERVICE

South Inner City

Free Adult Education Courses

Ringsend, Dublin 4



Literacy, computer and digital skills

Internet Skills Level QQI level 2/3

Reading, writing, using technology

Working your Smart phone

Read/Write/Spell sessions

Word Processing Levels QQI Level 3/ 4

Computers for Beginners in Ringsend Irishtown C.C.

Computer Literacy/Skills for Work

Tues morning

Tues/ Thurs Afternoons

Tues evening

Wed & Friday mornings

Thursday morning

Wednesday morning

Thursday afternoon

Creative classes

Learn to Use a Sewing Machine

Sewing for Improvers

Fashion Design & Upcycling

Monday afternoon

Monday afternoon

Monday evening

Creative classes

Community Choir

Water's Edge Drama Group

Wednesday morning

Wednesday evening

Social Studies

Take Me to The Water – Local Studies

Historical Studies (Level 4 QQI Accredited)

Social Justice

Thursday morning

Tuesday morning

Monday and Tuesday evening

Contact

Email: southinnercity@aes.cdetb.ie

Call Mary on 01 6684571 WhatsApp 086 078 7066



Ireland's European Structural and Investment Funds Programmes 2014-2020

Co-funded by the Irish Government and the European Union



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An Roinn Breisoidreachais agus Ardoideachais,
Taighde, Nuálaíochta agus Eolaíochta
Department of Further and Higher Education,
Research, Innovation and Science