

Coolock Darndale Adult Education Service

September 2025

Monday			
Time	Subject	Level	Description
9.30am-11.30am	Smartphones	Basic	Learn how to use your own smartphone and apps
9.30am-11.30am	English Language Mon & Tues	Basic	English lessons focused on daily living & literacy
9.30am-11.30am	Book Club	QQI 2	Improve your reading skills and enjoy new books!
10:00am-12:30pm	Introduction to Health and Wellbeing	Mixed	Learn how to improve your health and wellbeing on this short course
11:30am – 13:30pm	Beginner Computers	Basic	Learn how to use a computer in a fun supportive class
1:00pm-4:00pm	English Language	QQI 3	Working on English language skills at level 3.
2:00pm-4:00pm	Digital Skills – Word Processing	QQI 3	Improve your IT skills and learn how to use Microsoft Word in a professional setting – good for jobseekers
2:00pm-4:00pm	Digital Skills - Spreadsheets	QQI 3	Improve your IT skills and learn how to use Microsoft Excel in a professional setting – good for jobseekers

Colaiste Dhulaigh – D17 T227

Free Part-time courses for
adults!

☎ 01-8487172 ✉
learn.coolock@aes.cdetb.ie

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Tuesday

Time	Subject	Level	Description
9.30am-11.30am	Maths	QQI 2	A great course to refresh your core maths skills. A small, supportive group environment, with an experienced tutor
9.30am-11.30am	Maths (Tuesday & Thursday)	QQI 3	Learn about maths in a practical way, this course will improve your existing maths skills and enhance your understanding
9:30am-11:30am	One to One Literacy Workshop	Basic	Our volunteers work with literacy learners on a one-to-one basis under the supervision of an experienced literacy tutor
11.30pm-1.30pm	Creative Writing	Mixed	Express yourself and let imagination run wild, creating stories and poems
11:30am-1:30 pm	Geography	Mixed	An interactive class that looks at how the world works and the geography of our local area
12:15pm-2:15pm	Food Choice and Health	QQI2	Learn about how foods impact our health and ways to improve our wellbeing
2:30pm-4:30pm	Computer Skills	QQI2	Using computers in everyday life – this class welcomes a diverse group of learners
2:00pm-4:00pm	History	Mixed	Learn about people, places and events of the past in an inclusive class
11:30am-1:30pm	One to One Literacy Workshop	Basic	Our volunteers work with literacy learners on a one-to-one basis under the supervision of an experienced literacy tutor

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Wednesday			
Time	Subject	Level	Description
9.30am-11.30am	One to One Literacy Workshop	Basic	Work on a one-to-one basis with an experienced tutor.
9.30am-11.30am	IT Skills Word & Excel	QQI 3	Learn how to use these two popular applications to keep your skills up to date.
11.30am-1:00pm	Read Write Spell	Basic	Small group tuition for those ready to join a class.
11.30am-13.30pm	Beginners Computers	Basic	Learn how to use a computer in a fun supportive class
9.30am-11.30am	Communications	QQI 4	Build your confidence and communication skills in a range of situations.
9.30am-13.30pm	English – Reading (Wednesday & Friday)	QQI 2	English lessons focused on developing and improving reading skills.
9.30am-12.30pm	AI & Emerging Internet Technology	QQI 3	Learn about AI and how to use the internet more efficiently while gaining a useful qualification.
2:00pm-4:00pm	Exploring Art	Mixed	Learn about the lives and times of well-known artists while developing communication skills.
2:00pm-4.00pm	Introduction to IT	Basic	Learn the basics of using a computer.

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Thursday			
Time	Subject	Level	Description
9.30am-11.30am	Digital Media	QQI 3	Improve your digital communication skills and learn about digital media.
9.30am-11.30am	Career Preparations	Mixed	Explore your strengths, write a CV, jobhunting online and interview skills – all applicants must be interviewed to start
9.30am-13.30am	English Language	TBC	English lesson focused on daily living & literacy. Level will be confirmed following assessment. All learners must be interviewed before starting the class
11:30am-13:30am	History	Mixed	Explore periods of history and how they impact our lives today.
11:30am-1:30pm	Book Club	Mixed	Join a class of readers and explore new books!
11:30am-1:30pm	Creative Writing	Advanced	Express yourself and let imagination run wild creating stories and poems.
10.00am-12.00pm	Office Skills – Word & Excel	QQI 3	Improve your knowledge of the Internet and Email
2:00pm-4:00pm	Art	QQI 3	Painting and drawing in an inclusive friendly class. New artists are welcome to join!
2:30pm-3:00pm	English Language Conversation	Basic	Join a weekly conversational class to build confidence - an additional support to existing learners.

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Friday			
Time	Subject	Level	Description
9:30am-11:30am	Book Club	Advanced	Join a group of enthusiastic readers who will discuss and debate popular books
9:30am-13:30am	English	TBC	English lesson focused on daily living & literacy
9:30am-12:30am	English – Reading (Wednesday & Friday)	QQI 2	Improve your spelling skills and reading skills at the same time.

Get in touch to join a class, timetable is subject to change

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