

Monday

Time	Subject	Level	Description
9.30am-11am	Smartphone for Beginners	Basic	Learn the basics of using a Smartphone, texts, calls, popular apps and browsing the internet.
11.30am-1pm	Nutrition and Healthy Options	QQI 3	To equip learner with knowledge of nutrition, skills to prepare a limited range of nutritious meals and to provide for special dietary needs.
11.30am-1pm	Internet Skills	QQI 3	Become confident using internet and email while gaining a qualification.
1.000pm-2.30pm	Smartphone for Beginners	Basic	Learn the basics of using a Smartphone, texts, calls, popular apps and browsing the internet.
1.30am-3.30pm	English As A Second Language	QQI 3	English classes for people who already have some simple English and can gain a qualification.
1.45pm – 4.45pm	English As A Second Language	QQI 4	To equip learner to communicate effectively in a variety of personal, social and work related situations.

Tuesday

Time	Subject	Level	Description
9.30am-11am	Information Technology	QQI 4	Learn to organise your files, folders. Learn more about emails, the internet and word processing.
9.30am-11.30am	Communications	QQI 3	Build confidence in your communication skills. Develop good reading, writing and interpersonal skills for use in a range of situations.
11.30am-1pm	Spreadsheets	QQI 3	To equip learner to use spreadsheets in their daily lives.

1.30am-3.30pm	Gardening	Basic	Explore the basics of gardening including, planting seeds, flowers and shrubs.
1.30pm-3.30pm	English As A Second Language	QQI 3	Part 2 of Monday's class
1.30pm-3pm	Internet Skills	QQI 3	For people who would like to improve their skills and confidence doing online activities with a computer.

Wednesday

Time	Subject	Level	Description
9.15am-11.15am	Creative Writing	Basic	Improve your literacy skills by exploring creative writing at a gentle pace in a supportive and friendly group.
9.30am -11am	Computer Beginners	QQI 3	Introduction to using Computers while gaining certification
11.30am-1pm	Read Write Spell	Basic	Improve your reading, writing and spelling skills in a small group
11.30am– 1pm	Smartphone Intermediate		Improve skills using a Smartphone. Basic ability to use Smartphone required.
11.30am-1pm	Numeracy	QQI 3	Improve your everyday maths.
1pm-3pm	Painting	QQI 4	Comprehensive overview of all art elements necessary to create a small body of work in the medium of paint, primarily acrylics including composition, drawing skills and colour theory. Also written component with emphasis on reflective learning.'
1.30am – 3pm	Internet Skills	QQI 3	Become confident using internet and email while gaining a qualification.
1.45pm – 4.45pm	English As A Second Language	QQI 4	Part 2 of Monday's class.

Thursday			
Time	Subject	Level	Description
9.30am-11am	IT Skills	QQI 4	Part 2 of Tuesday's class
9.30am-11am	Smartphone Intermediate	Basic	Improve skills using a Smartphone. Basic ability to use Smartphone required.
10.00am – 1pm	One to One Literacy support	Basic	Improve your reading, writing and spelling skills.
11.30am-1pm	Word Processing	QQI 3	Learn about word processing applications and how to create and use documents in everyday life.
11.30am-1pm	Smartphone Beginners	Basic	Learn the basics of using a Smartphone, texts, calls, popular apps and browsing the internet.
1.30pm – 3pm	Smartphone Intermediate	Basic	Improve skills using a Smartphone. Basic ability to use Smartphone required.
1.30am-3pm	Internet Skills	QQI 3	Become confident using internet and email while gaining a qualification.
1.30pm-3.30pm	English as A Second Language	QQI 3	Part 3 of Monday's and Tuesday's class.
1.45pm 4.45pm	English as A Second Language	QQI 4	Part 3 of Monday's class.
7.00pm-8.30pm	Writing	QQI 2	Improve your writing skills in a group while getting a qualification.

Friday			
Time	Subject	Level	Description
11.30am-1.30pm	Healthy Cooking on a Budget	Basic	Learn to prepare healthy meals in this practical cookery course. Emphasis is on vegetarian and budget- friendly options.

Courses run subject to demand. For more information contact Breda on 01 8671845 (Main Office) or 01 803 6238 (Literacy Office)